

# David Trickey: Curriculum Vitae



## Consultant Clinical Psychologist and Accredited Expert Witness

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### Summary

David Trickey is a Consultant Clinical Psychologist, chartered by the British Psychological Society and an accredited expert witness. He has extensive clinical experience working with children and families and has developed specialist skills in working with trauma and traumatic bereavement. He has successfully managed a child psychology service and has undertaken further training in assessments of parenting, assessments of attachment, family therapy and eye movement desensitisation and reprocessing (EMDR). In addition to direct work with children and families, he offers consultation and supervision to other professionals, provides teaching and training for various professional groups, has presented at national and international conferences including a number of keynote addresses and he supervises doctoral research. He acts as an expert advisor to police and as an expert witness to courts in civil and criminal cases, particularly in the areas of trauma, bereavement and child testimony.

### Experience

**Dec 2006 - present**

**Lead Consultant Paediatric Psychologist**

Leicester Royal Infirmary, Leicester, LE1 5WW

- Manages Paediatric Psychology and Paediatric Neuro-psychology Department at a strategic and operational level
- Supervises other psychologists and trainee psychologists within the department
- Supervises doctoral research projects
- Offers consultation, training and supervision to other professionals within the hospital
- Offers direct intervention to children and families requiring a psychological service

**Jan 1997 - present**

**Chartered Clinical Psychologist in Private Practice**

- Consultation following traumatic events such as homicides and critical incidents
- Independent evaluations (e.g. of 7 July Assistance Centre for Department for Culture, Media and Sport)
- Expert Witness reports for Court concerning traumatised children and families
- Consultation and advice to police on matters related to traumatised children and evidence
- Psychological assessments of Looked After Children
- Workshops and lectures on: effects of trauma, cognitive behavioural therapy, crisis intervention, sudden and traumatic bereavement

**Oct 2005 - Oct 2006**

**Consultant Clinical Psychologist**

Southwark Locality Child and Adolescent Mental Health Services  
South London and Maudsley NHS Trust, SE5 8AZ

- Specialist supervision and training of multi-disciplinary teams
- Service development and planning

**Aug 2005 - Aug 2006**

**Division of Clinical Psychology, British Psychological Society**

48 Princess Road East, Leicester LE1 7DR

- Scoping the revision of the Professional Practice Guidelines

**Jan 2000 - Sept 2005**

**Chartered Clinical Psychologist**

Traumatic Stress Clinic, Great Ormond Street Hospital

- Specialised assessments and treatment of complex trauma in children and families
- Consultation to various professionals and police based on specialist expertise in trauma
- Provision of Expert Witness reports for Court
- Training and teaching in trauma and other psychological topics to various professionals
- Supervision of Doctorate Research and Clinical Psychology training placements
- Development of specialist services and outcome audit

**1994 - Jan 2000**

**Child Psychologist (Acting Head of Service from 1998)**

South Lincolnshire Healthcare NHS Trust, Sleaford, NG34 8PP

- Developed the provision of CAMHS at a strategic level in conjunction with the LHA
- Established joint specialist services with Consultant Paediatricians
- Expanded Child Psychology Specialty significantly by successfully bidding for extra funds, recruiting staff and developing appropriate organisational structures
- Championed multi-disciplinary working whilst maintaining professional identity

**Sept 1993 - April 1994**

**Psychologist**

Peper Harow Foundation, London, EC1M 6AX

- Consulted on development of residential unit on a therapeutic community model

**1989 - 1992**

**Member of Professional Therapeutic Team**

Thornby Hall, Therapeutic Community for Disturbed Children  
Peper Harow Foundation, Thornby, Northants

- Intensive *milieu-therapy* and group therapy based on psycho-dynamic principles.

## Training & Education

Certificate of Expert Witness Accreditation	Cardiff University & Bond Solon	2004
Training in MCAST Assessment of attachment	University of Manchester	2004
Introduction to Applied Hypnosis: Levels 1 & 2	Hypnosis Unit, UCL	2004
Supervisor's workshops	North London Training Courses	2002 - 2004
Family Assessment Framework	Institute of Family Therapy	2002
Statement of Equivalence	British Psychological Society	2002
EMDR Level 2 Training & Child Training	EMDR Institute	2001
EMDR Level 1 Training	EMDR Institute	2000
Post-graduate diploma in Family Therapy	Institute of Family Therapy	1995 - 1997
MA Child Psychology	University of Nottingham	1992 - 1993
BSc (Hons) Human Psychology	Loughborough University	1986 - 1989

## Current Research

*The relationship between avoidance, engagement and the efficacy of group treatments for post-traumatic stress in refugee children*

Supervisor of doctoral research (UCL), expected submission for publication in 2008

*Meta-analysis of risk factors for PTSD in trauma exposed children*

First author, expected submission for publication in 2008

*A comparative study of the moods and feelings questionnaire, and the strength and difficulties questionnaire as screening instruments for depression*

Supervisor of research for doctoral equivalent, expected submission for publication in 2008

## Publications

Trickey, D. & Black, D. (2008). Child trauma. In M. Gelder et al. (Eds.) *New Oxford Textbook of Psychiatry. Second Edition*. OUP.

Black, D. & Trickey, D. (2008). The effects of bereavement in childhood. In M. Gelder et al. (Eds.) *New Oxford Textbook of Psychiatry. Second Edition*. OUP.

Trickey, D. (2008). Experiencing refugee status after previous trauma. In P. Appleton (Ed.) *Children's Anxiety – A Contextual Approach*. Routledge.

Trickey, D. (2005) Young people bereaved by suicide: what hinders and what helps. *Bereavement Care Journal*, Spring.

Trickey, D. & Black, D. (2000) Long term psychiatric effects of trauma on children. *Trauma*, 2, 261-68

## Key Presentations in 2007/2008

<i>A Comparative Review of CBT and EMDR for Children with PTSD</i>	Division of Clinical Psychology Conference, London 2007
<i>A Meta-analysis of Risk Factors for PTSD in Children</i>	European Conference on Traumatic Stress, Croatia, 2007
<i>CBT for Children and Adolescents with PTSD</i>	ACAMH/BABCP Conference, Oxford, 2007
<i>Traumatically Bereaved Children and Families</i>	Keynote address at Cruse Bereavement Care Conference Annual Conference, 2007

## Additional Information

- Member of the British Psychological Society's working group on Disaster, Crisis and Trauma
- Academic Editor of *Bereavement Care Journal*
- Member of the Advisory Committee of the Children and War Foundation
- Honorary Teacher of Clinical Psychology, University of Leicester
- External examiner, Child CBT course, Derby University
- Co-ordinated the British Psychological Society's response to the 2005 NICE guidelines on PTSD
- Member of Association for Child and Adolescent Mental Health (ACAMH) and British Association of Behavioural and Cognitive Psychotherapies (BABCP)
- Various appearances on BBC news programmes as expert on child trauma or depression